



# DAILEY WELLNESS

Janet Dailey • LA • NEW YORK • ONLINE

## Retreat Registration Form & Waiver

**Root to Rise Women's Winter Retreat with Janet Dailey**  
**Chacala, Mexico • Mar De Jade Retreats & Wellness Resort • March 4-11, 2023**

*Please complete this form (3 pgs) and email a snapshot or scan to [janet@daileywellness.com](mailto:janet@daileywellness.com)*

### 1. YOUR CONTACT INFORMATION

Name \_\_\_\_\_ Birth date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (cell) \_\_\_\_\_ (home) \_\_\_\_\_

Phone (work) \_\_\_\_\_ Email \_\_\_\_\_

#### PLEASE LIST TWO EMERGENCY CONTACTS:

Emergency contact 1: \_\_\_\_\_ Ph: \_\_\_\_\_

Relationship \_\_\_\_\_

Emergency contact 2: \_\_\_\_\_ Ph: \_\_\_\_\_

Relationship \_\_\_\_\_

### 2. HOW DID YOU HEAR ABOUT THIS RETREAT?

### 3. DO YOU HAVE PREVIOUS YOGA EXPERIENCE?

YES  NO

If yes, how long and what type of yoga and movement practices do you practice and enjoy?

### 4. WHAT IS YOUR INTENTION FOR COMING ON THIS RETREAT?

5. DO YOU HAVE ANY CURRENT INJURIES, HEALTH CONDITIONS OR CHRONIC PAIN that may affect your comfort/participation during yoga classes and retreat? (Please note that the yoga room we may be using and your hotel rooms might be up a flight of stairs)

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YES  NO If yes, please explain.

6. PLEASE CHECK ANY OF THE FOLLOWING CONDITIONS THAT APPLY:

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- |  |  |   |
|--|--|---|
| <input type="radio"/> Allergies (food/med)** | <input type="radio"/> Herniated/Bulging Disc | <input type="radio"/> High Blood Pressure |
| <input type="radio"/> Diabetes               | <input type="radio"/> Epilepsy               | <input type="radio"/> Digestive Disorders |
| <input type="radio"/> Hypoglycemia           | <input type="radio"/> Rheumatoid Arthritis   | <input type="radio"/> Heart Disease       |
| <input type="radio"/> Chronic Headaches      | <input type="radio"/> Hernia                 | <input type="radio"/> Osteoarthritis      |
| <input type="radio"/> Asthma                 | <input type="radio"/> Sciatica               | <input type="radio"/> Immune Disorder     |
| <input type="radio"/> Ulcers                 | <input type="radio"/> Scoliosis (type)_____  | <input type="radio"/> OTHER _____         |
| <input type="radio"/> Low Blood Pressure     | <input type="radio"/> Hypertension           |   |

\*\*Allergies: (Please list any food allergies or foods that you are avoiding):

7. ARE THERE ANY OTHER HEALTH CONDITIONS OR SURGERIES YOU HAVE HAD THAT MAY AFFECT YOUR RETREAT? DO YOU HAVE ANY OTHER CONCERNS?

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#### ABOUT

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**The Retreat Program includes:** 7 nights lodging, 3 meals daily, and hotel taxes – booked through Mar de Jade. Root to Rise Retreat Program (morning and evening yoga and Root Wisdom classes and workshops) – booked through Dailey Wellness, and optional community service.

**The retreat price does not include:** Round trip flight to Puerto Vallarta International Airport (PVR), transport to/from hotel, excursions, spa services, extras to meals, smoothies, alcoholic beverages.

#### COVID SAFETY AND CONCERNS

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Everyone attending the Root to Rise Women's Winter retreat must show proof of vaccination. No exceptions. Please send a photo copy to [janet@daileywellness.com](mailto:janet@daileywellness.com)

CANCELLATION POLICY: Please read carefully

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### 1. Mar De Jade's Cancellation Policy for Guests

- If a guest cancels their reservation, they have two options: receiving a full credit of their deposit towards another stay or receiving a refund minus cancellation fees. See specific details below. It is the Group Leader's responsibility to make sure that each participant agrees to the cancellation policy. Travel insurance is highly recommended.
- REFUND: Guests will be entitled to a full refund *minus a \$150 per person administrative cancellation fee* with notice at least 60 days prior to the scheduled arrival date. No exceptions. With less than 59 days from arrival guests will receive a credit for their deposit.
- CREDIT: Guests will have the option of using their full deposit, with no cancellation fees, towards another reservation at Mar de Jade within 18 months of the cancellation date if they cancel at least 14 days prior to arrival. No monetary refund will be given once the option of keeping the credit has been chosen.
- No credit with cancellation less than two weeks prior to arrival.
- DONATION: If guests are willing to leave their full or partial deposit as a donation to our non-profit community projects: El Jardin School and Tao de Jade Trade School, we would be so grateful, and it would go a long way in providing education for the most vulnerable youth in our community during these trying times. Read more about our Community Projects.
- Guests are responsible for all nights reserved at the rates reserved. There are no refunds or pro-rating for arriving later or leaving earlier than the reserved dates, despite unforeseen circumstances such as delayed or cancelled flights, illness, injury, etc.

### 2. Dailey Wellness Cancellation Policy for Retreat Tuition

- Dailey Wellness will refund your full retreat tuition fee up to January 1, 2023; 50% refund up to February 1; no refund after February 1, 2023.
- We strongly encourage you to purchase travel insurance that covers Covid and other unforeseen circumstances, such as trip cancellation or emergencies. (Travel Guard or other)

PLEASE PRINT, SIGN AND DATE BELOW, AGREEING TO THE FOLLOWING:

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- I have checked with my doctor and there is no medical reason I cannot participate in this event.
- I agree that none of Dailey Wellness, Janet Dailey Butler, shall in any way be held responsible for any injury, damage, loss or delay incurred in connection with my participation in this event.
- I agree to assume all risks associated with the event and agree that no liability will attach to Janet Dailey for personal injury, illness, delay, loss or damages to property or health. Janet Dailey reserves the right to change the program schedule as she deems necessary at her sole discretion.
- None of Dailey Wellness, Janet Dailey or Mar De Jade, shall be held liable or responsible in any way for any expenses (included but not limited to for lodging, meals, and transportation) incurred as a result of delays or other inconvenience experienced outside of our program.
- I have read the above cancellation policy for both Mar de Jade and Dailey Wellness Retreat Fee. (Your spot is reserved once you pay Mar de Jade a deposit and pay Dailey Wellness the retreat tuition.)

Print name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_